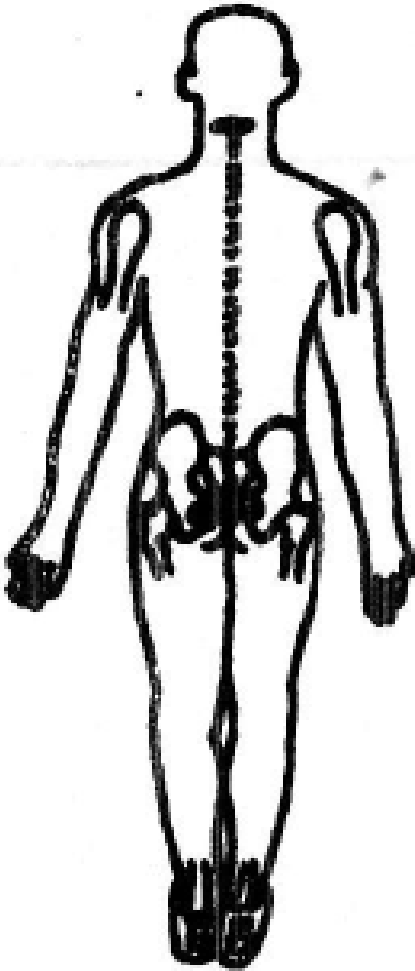


CONFIDENTIAL PATIENT HISTORY FORM

(Please print)

Title:	First Name:	Surname:
Street:		
Suburb:	State:	Postcode:
Phone:	(H):	(W):
		(M):
Email Address:		
Date of Birth:	/ /	Occupation:
		Number of children:
Have you been to a chiropractor before? Yes / No When was your last treatment?		
Private Health Fund:		
How did you hear about us?		
Name of GP:		Do you object to us corresponding with your G.P.? Yes / No
In your own words, please explain your main reason for attending this chiropractic clinic.		
How long have you had this complaint?		
Have you had any treatment for this complaint prior to this consultation? Please provide details:		
Incident:		
Progression (getting worse?):		
Location:		
Characteristics: Ache / Burn / Sharp / Constant / Intermittent		
Radiation / Referral:		
Aggravation:		
Relief:		
Pain out of 10 (10 being acute):		

Please mark on the diagram where you feel the discomfort:



Please circle any of the areas below that are or have involved any problems:

Headaches / Migraines
 Dizziness / Loss of Balance
 Visual changes
 Hearing / Ear problems
 Sinus / Asthma / Respiratory problems
 Reflux
 Decreased sense of taste / smell
 New or recurrent cough
 Heart / Cardiac condition
 Constipation / Diarrhoea

Anxiety / Stress / Depression
 Unexplained weight loss or gain
 Sexual or genital problems
 Hormonal / Endocrine condition
 Pain with urination or bowel motion
 Blood disorder / condition
 Arthritis
 Allergies
 Pins and needles or numbness in hands/feet
 Loss of consciousness

Do you suffer from a particular illness / condition? Please list:

.....

Have you ever been to hospital or had any surgery? Please give details:

.....

Have you fractured, broken or dislocated any part of your body? Please give details:
Have you ever had a car, bike or other serious accident? Please give details and treatment received:
Have you had an X-ray, CT scan, Ultrasound, MRI or other scan? Please give details:
Are you taking any medications or supplements? Please list:
Have you taken long-term medication in the past? Please list:
Do you: (i) smoke: Yes / No (ii) have a history of smoking: Yes / No (iii) drink alcohol: Yes/No

PATIENT INFORMATION PRIOR TO TREATMENT

Changes to the law now require all practitioners who manipulate the spine to warn patients of the material risks. In extreme rare circumstances, some treatments of the neck may damage a blood vessel and give rise to stroke or stroke-like symptoms (less than 1 in 2, 150, 000). Whilst this has never occurred in this practice, we are still required to warn. If any adjustments (manipulation) are required you will be tested beforehand, as has always been our practice.

Other very slight risks include strain / injury to a ligament or disc in the neck (less than 1 in 139, 000) or low back (1 in 62, 000).

Chiropractic adjustments (manipulation) of the spine are internationally recognized as being far safer in dealing with neck and low back pain than medication and many other alternatives (A Risk Assessment of Cervical Manipulation, JMPT, 1995. Manga Report, Ontario Ministry of Health, 1993).

If you have any questions relating to the treatment you are about to receive, please speak to the chiropractor. If you understand the above information and give you consent to treatment please sign below.

Patient signature:
 (parent / guardian if under 16 years old):

Date: / /

